MAXIMUS | United Kingdom

Seetec



Our Work and Health Programme will help you find the right job and reach your true potential

We will work with you to:

- Find the **right job** for you;
- Feel good about your **strengths**, **aspirations** and support needs;
- Develop your confidence and work skills;
- Introduce you to positive and open minded employers;
- Explore **self employment** as an option.

## Who is it for?

## Our Work and Health Programme can help if you:

- Would like to achieve a longterm job;
- Are of working age (18+); and
- Have a health issue, disability; or
- Have been unemployed and claiming benefits for 2 years; or
- Are a carer, ex-carer, care leaver, former armed forces, armed forces reserve, partner of former armed forces, homeless, dependent on drugs or alcohol, an offender (still serving on probation), ex-offender or refugee.

## What you can expect...

- Support to win the right job

   help with job search, work trials
   and interviews;
- Your dedicated Change Coach will help you develop your skills;
- A 24/7 online service packed with learning, resources and support;
- Community-based activities such as health, exercise or money advice;
- Specialist help to overcome any challenges – like substance misuse, anxiety or addiction;
- Our In-Work Support Team will help you stay in work when you find a job.

To find out more, please speak to your Jobcentre Plus Work Coach



